

**FULL CIRCLE FUND THERAPIES
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2018**

**CHARITY NUMBER 1162010
COMPANY NUMBER 09554871**

Full Circle Fund THERAPIES
Supporting quality of life



FULL CIRCLE FUND THERAPIES

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FULL CIRCLE FUND THERAPIES

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees: T L DI Lorenzo
A F P Dunn
M C McCann
G D Norton
K Prasad
S A Ruggles
N Sharma
F M Willis

Charity registration number: 1162010

Company registration number: 09554871

Registered office address: 12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Operational address: Haematology Day Care Unit
St. James' s Wing
St. George's Hospital
London
SW17 0QT

Independent examiner: **S B Chicksand, F.C.A**
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

FULL CIRCLE FUND THERAPIES

TRUSTEES' REPORT FOR THE YEAR ENDED 30 APRIL 2018

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report and the financial statements of the charity for the year ended 30 April 2018.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a company limited by guarantee governed by its memorandum and articles of association, a deed of trust and is registered as a charity with the Charity Commission.

Recruitment and appointment of new trustees

New trustees are selected and appointed by the existing trustees. Appointment of members of the Committee is governed by the Constitution dated 22 April 2015. The Committee is authorised to appoint new members to fill vacancies arising through resignation or death of any existing member.

Relevant interests

Any trustee with a relevant interest is required to disclose such interest and withdraw from any decisions where conflict may arise.

Risk management

The trustees continue to assess and monitor the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Charity's twin objectives, as set out in the Governing Document, are

a - to relieve those in need by reason of ill health, or disability, and to preserve the health of patients, carers and staff at St. Georges Hospital, London, and N.H.S. Hospitals regionally and nationally through funding and through the advancement of research into supportive and complementary therapies, and

b- to advance the education of health care professionals, including supportive therapists, patients, their careers and the general public about the role and benefits of supportive and complementary therapies.

There is no means testing relating to provisions, support is available at the point of need to all referred to the Full Circle service at St. George's Hospital.

Public benefit

The trustees, as required by section 4 of the Charities Act 2006, have paid due regard to the Charity Commission's guidance on providing public benefit when reviewing the Charity's aims and objectives in deciding what activities the charity should undertake and how the donations made have advanced the objects of the Charity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

It is with great pride that over the last year the Charity has continued its main function, to fund highly skilled therapists to increase support, coping and wellbeing for very sick babies, children and adults receiving treatment for life limiting conditions. During this year we provided 1590 treatments at St George's Hospital, of which over 1,000 treatments were provided to cancer patients.

As a group, blood and lymphatic cancers represent the fifth largest cancer in the UK and the majority of these patients receive highly intensive chemotherapy which targets the entire immune system. We provided 928 treatments delivered by our team of Full Circle therapists in infection-free rooms, to reach this group during their weeks and sometimes months in isolation receiving intensive medical treatment. Additionally, in this year we have developed a new project to address the impact of chemotherapy related nerve damage (chemotherapy-induced-peripheral-neuropathy). This focused project includes touch therapy stimulation [reflexology and clinical massage] along with clinical hypnotherapy and mindfulness. The preliminary findings are exciting and will be disseminated in 2019.

This pilot project has been generously funded by the Kay Kendall Leukaemia Fund, part of the Sainsbury Family Trust Funds. For Paediatric medicine we provided a total of 300 treatments, of which 18% (53) supported the rehabilitation of children with brain tumours following neurosurgery. Adolescents with life-limiting eating disorders received a total of 14 (5%) treatments in a small pilot project in which we work in close collaboration with clinicians and nurses at St George's to provide much needed holistic support approaches for this patient group. Paediatric clinicians routinely refer patients to Full Circle who are in intensive care or following invasive surgery. Clinical referrals are to support the child's rehabilitation and crucially, to enhance the child's well-being during the rigours of intensive hospitalization and often the need for repeated painful interventions and surgery. Our support continued to reach babies and children following major abdominal surgery, complex genetic conditions or those with life-changing neurological conditions. Part of the 'Full Circle' of support on paediatrics is also to support the parents and carers of a very sick child. We developed a unique project requested by clinicians and nurses in paediatric medicine, to provide much needed therapeutic respite for parents and carers with a very sick child. Under this project known as 'PaCT' [Parent and Carer Therapy], we provided a total of 65 treatments for parents with a life limited child at St George's Hospital.

During this year we welcomed 5 new practitioners who underwent our inaugural Hospital Advanced Clinical Training [HACT] programme. Led by our Advanced practitioners HACT) forms part of our commitment to delivering excellence through highly skilled Full Circle practitioners for patients in the NHS. We were delighted to welcome four of these candidates onto an evidence-based project: Connecting Reiki with Medicine, which we proudly host under the umbrella and guidance of the Full Circle Fund Therapies' clinical advisory team.

We look forward to a successful year ahead, and feel that the Charity is exceptionally well placed to continue to support the need for patients to the best of its ability.

FINANCIAL REVIEW

Reserves policy

Full Circle does not have any interest in real estate property or possess any marketable securities and thus has no financial market exposure. The costs associated with the Charity are noted in the attached Statement of Financial Activities.

Approved by order of the board of trustees and signed on its behalf by:


T L Di Lorenzo – Treasurer and Trustee

19 September 2018

FULL CIRCLE FUND THERAPIES

INDEPENDENT EXAMINER' S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 30 April 2018 set out on pages 5 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S B Chicksand, F.C.A
Chicksand Gordon Avis Ltd
12 Northfields Prospect
Putney Bridge Road
London
SW18 1PE

Date: 19 September 2018

FULL CIRCLE FUND THERAPIES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2018**

		2018	2017
	Notes	£	£
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		103,446	70,481
Activities for generating funds		28,638	1,356
Total incoming resources		<u>132,084</u>	<u>71,837</u>
RESOURCES EXPENDED			
Costs of generating funds			
Fundraising		2,445	-
Charitable activities			
Therapists		24,043	28,553
Governance costs		16,793	-
Other resources expended		35,753	13,949
Total resources expended		<u>79,034</u>	<u>42,502</u>
NET INCOMING RESOURCES	2	53,050	29,335
Total funds brought forward		33,207	3,872
TOTAL FUNDS CARRIED FORWARD		<u>86,257</u>	<u>33,207</u>

FULL CIRCLE FUND THERAPIES

**BALANCE SHEET
AS AT 30 APRIL 2018**

		2018	2017
	Notes	£	£
FIXED ASSETS			
Intangible assets	3	-	9,868
Tangible assets	4	-	<u>561</u>
		<u>-</u>	<u>10,429</u>
CURRENT ASSETS			
Cash at bank and in hand		94,433	31,306
CREDITORS			
Amounts falling due within one year		(8,176)	(8,528)
NET CURRENT ASSETS		<u>86,257</u>	<u>22,778</u>
NET ASSETS		<u>86,257</u>	<u>33,207</u>
FUNDS			
Unrestricted funds	5	<u>86,257</u>	<u>33,207</u>
TOTAL FUNDS		<u>86,257</u>	<u>33,207</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2018.


The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 19 September, 2018 and were signed on its behalf by:

 S Ruggles -Trustee

 T Di Lorenzo - Treas. -Trustee

FULL CIRCLE FUND THERAPIES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2018

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost over its expected useful life, as follows:

Computer Software 33.33% straight-line

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

2. NET INCOMING RESOURCES

This is stated after charging:

	2018	2017
	£	£
Amortisation	9,868	-
Depreciation	561	5
Trustees remuneration	15,833	

3. INTANGIBLE FIXED ASSETS

Trade mark:

£

Cost

At 1 May 2017 and 30 April 2018

9,868

Amortisation

At 1 May 2017

-

Charge for the year

9,868

At 30 April 2018

9,868

Net book value

At 30 April 2018

-

At 30 April 2017

9,868

FULL CIRCLE FUND THERAPIES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2018**

4. TANGIBLE FIXED ASSETS

Equipment:

	£
Cost	
At 1 May 2017 and 30 April 2018	<u>1,683</u>

Depreciation

At 1 May 2017	1,122
Charge for the year	<u>561</u>
At 30 April 2018	<u>1,683</u>

Net book value

At 30 April 2018	<u>-</u>
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At 30 April 2017	<u>561</u>
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5. MOVEMENT IN FUNDS

	2018 £	2017 £
Unrestricted funds		
Brought forward	33,207	3872
Net incoming resources for the year	<u>53,050</u>	<u>29,335</u>
TOTAL FUNDS	<u>86,257</u>	<u>33,207</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	132,084	(79,034)	53,050
TOTAL FUNDS	<u>132,084</u>	<u>(79,034)</u>	<u>53,050</u>

FULL CIRCLE FUND THERAPIES

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2018**

	2018	2017
	£	£
INCOMING RESOURCES		
Charitable trusts	29,985	
Corporate support	11,467	
Fundraising events	28,638	
Bequests	10,000	
Other donations	51,994	
Total incoming resources	<u>132,084</u>	<u>71,837</u>
RESOURCES EXPENDED		
Fundraising	2,445	-
Therapists	24,043	28,553
Trustees salaries	15,833	-
Consultancy	19,320	5,000
Accountancy / independent examiner	960	600
Bank charges	780	682
Amortisation	9,868	-
Depreciation	561	561
Computer running costs	1,349	1,213
Motor and travel	43	-
Printing, postage and stationery	270	610
Sundry expenses	640	534
Public relations	2,050	691
Insurance	756	760
Telephone	116	-
Legal and professional	-	3,298
Total resources expended	<u>79,034</u>	<u>42,502</u>
NET INCOMING RESOURCES	<u>53,050</u>	<u>29,335</u>